

Prep Instructions Timeline



*Clear Liquid Diet Examples:

Water | Flavored Water
Sports Drinks | Sodas
Fruit Juice without Pulp | Popsicles
Jell-O | Clear Broth
Tea or Coffee without milk/cream

Procedure Arrival Time	Begin First Dose	Begin Second Dose	Complete Second Dose and Begin Nothing by Mouth by:
6:00 AM	6:00 PM	1:00 AM	2:00 AM
6:30 AM	6:00 PM	1:30 AM	2:30 AM
7:00 AM	6:00 PM	2:00 AM	3:00 AM
7:30 AM	6:00 PM	2:30 AM	3:30 AM
8:00 AM	6:00 PM	3:00 AM	4:00 AM
8:30 AM	6:00 PM	3:30 AM	4:30 AM
9:00 AM	6:00 PM	4:00 AM	5:00 AM
9:30 AM	6:00 PM	4:30 AM	5:30 AM
10:00 AM	6:00 PM	5:00 AM	6:00 AM
10:30 AM	6:00 PM	5:30 AM	6:30 AM
11:00 AM	6:00 PM	6:00 AM	7:00 AM
11:30 AM	6:00 PM	6:30 AM	7:30 AM
12:00 PM	6:00 PM	7:00 AM	8:00 AM
12:30 PM	6:00 PM	7:30 AM	8:30 AM
1:00 PM	6:00 PM	8:00 AM	9:00 AM

With any questions regarding your prep, call us at 205-855-6185 during the hours 6:30am - 3:00pm